

Patient safety attitudes of pharmacy students in an Ethiopian university: a cross-sectional study

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Introduction: Patient safety is a major health care concern and is being included in an undergraduate curriculum as it plays a major role in lessening harm. Therefore, we aim to assess the attitude of pharmacy students toward patient safety.

Methods: A cross-sectional study using a self-administered questionnaire containing 21 items was conducted at the University of Gondar among fourth and fifth year students. Data analysis was performed to calculate mean, standard deviation, percentages, and logistic regressions using SPSS software version 22 (IBM Corporation, Armonk, NY, USA). Statistical significance was set at $P < 0.05$.

Results: A total of 83 pharmacy students (fourth year groups=50, fifth year groups=33) participated in the study with response rate of 92%. Majority of the students 70/83 (84.33%) had the overall positive attitude of patient safety. Most of the respondents (80.7%) agree or strongly agree that after an error occurs, an effective strategy is to work hard to be more careful. Most of them (79.6%) believe that pharmacists should routinely spend part of their professional time working to improve patient care. About half (48.2%) of pharmacy students disagree or strongly disagree that pharmacists should discuss and report errors to an affected patient and their family even if the patient is not harmed. No significant association between the attitude of pharmacy students toward patient safety and their age, sex and year of study was found.

Conclusion: Pharmacy students have the overall good attitude to patient safety. However, they claimed the culture and attitude within the pharmacy workplace lacked for patient safety. Moreover, standardized patient safety course should be considered in the curriculum for junior pharmacy students to improve their attitude toward patient safety.

Keywords: patient safety, culture, medication errors, patient care

Introduction

Patient safety has become the main concern of health care globally, particularly after the publication *To Err is Human*,¹ and *An Organisation with a Memory*.² The estimated numbers of patients harmed and high mortality due to medical errors have encouraged the establishment of evidence-based strategies to improve patient safety.³

A suitable education is suggested as the best strategy to improve attitude toward patient safety.^{4,5} Declaration of Helsinki endorsed the role of education: "Education plays a key role in improving patient safety and we entirely support the development, publishing and provision of patient safety education".⁶ The World Health Organization (WHO) has also introduced an inclusive patient safety curriculum.⁷

Most pharmacy degree programs, for example in Australia, currently embrace some elements of education from the WHO curriculum, such as medication safety,

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communication skills and patient-centered care.⁸ It is increasingly recognized that undergraduate (first degree) education plays a major role in the promotion of the proper notions, skills and knowledge about patient safety.^{9,10} As the Ethiopian Bachelor of Pharmacy (BPharm) curriculum has shifted from a 4-year product-oriented to a 5-year patient-oriented program, it necessitates the introduction of patient safety courses in the curriculum.

A number of survey tools have been applied to assess patient safety attitudes of health science and medical students.^{11–20} This study has used a 21-item patient safety tool validated by Walpola et al²¹ adapted from a survey developed by Madigosky et al.¹³ Preceding studies among pharmacy students have assessed patient safety knowledge and practice without using validated tools,^{11,12} and particularly, attitudes toward patient safety has remained unpublished. Therefore, the aim of this study is to evaluate patient safety attitudes of pharmacy students attending undergraduate program in University of Gondar.

Material and methods

Study design, setting and participants

A cross-sectional survey was conducted at the University of Gondar among fourth (n=50) and fifth (n=33) year undergraduate pharmacy students enrolled in the 5-year BPharm program in May 15, 2016. Verbal informed consent was obtained from the participants for their willingness to fill the questionnaires and included in the study.

We deemed that both fourth and fifth year groups are eligible to be enrolled in this study as patient safety education, including “pharmacy practice attachment” (hospital pharmacy, outpatient and inpatient ward practice), “drug informatics”, and “communication skills for pharmacist” have been delivered in the curriculum for both groups prior to the study.

Data were collected between April 15 and 27, 2016. Participants’ sociodemographic data and year of study were collected. We used a 21-item patient safety tool validated by Walpola et al,²¹ which was adapted from the Patient Safety/Medical Fallibility Curriculum Survey developed by Madigosky et al.¹³ Responses to each item were graded using a 4-point Likert scale (1=strongly disagree, 2=disagree, 3=agree, 4=strongly agree).

Ethical consideration

The study was conducted after obtaining ethical clearance from the institutional review board of School of Pharmacy, UOG (University of Gondar). Before administering the

questionnaire, the aim of the study was explained to the study participants and verbal informed consent was obtained. Furthermore, the data collected from each participant were kept confidential by gathering data anonymously using only their ID number and using data strictly for the purpose of the study only.

Statistical analysis

Data were analyzed using SPSS v22.0 (IBM Corporation, Armonk, NY, USA). Descriptive statistics was performed for sociodemographic data. Mean and standard deviation were computed for continuous variables, whereas frequency and percentages were computed for categorical variables. Association between the overall patient safety attitude of pharmacists and their sociodemographic characteristics was determined using Binomial logistic regression. Statistical significance was set at a two-sided $P < 0.05$.

Results

A total of 83 out of 92 students (90.2% return rate) completed the questionnaires. All the students were in their fourth or fifth (last) year of study. Majority (63.9%) were males. Most (94%) of the participants were 21–24 years old. The mean age was 22.57 ± 1.28 years. Table 1 shows sociodemographic characteristics of study participants.

Most of the respondents (80.7%) agree or strongly agree that after an error occurs, an effective strategy is to work hard to be more careful. They also believe peer-led education, such as from pharmacist colleagues or fellow students, can help their understanding of patient safety concepts. Majority (>80%) of the study participants state that if they saw an error that did cause harm, they would not keep it to themselves. Most of them (79.6%) believe that pharmacists should routinely spend part of their professional time working to improve patient care. About half (48.2%) of the pharmacy

Table 1 Sociodemographic characteristics

Variables	Category	Frequency (n)	Percentage
Sex	Male	53	63.9
	Female	30	36.1
Year of study	Fourth	50	60.2
	Fifth	33	39.8
Age	21	17	20.5
	22	26	31.3
	23	23	27.7
	24	11	13.3
	25	2	2.4
	26	2	2.4
	27	1	1.2

students disagree or strongly disagree on the discussing and reporting errors to an affected patient and their family even if the patient is not harmed. Table 2 shows the detailed description across all survey items of attitude of pharmacy students toward patient safety.

Multivariate logistic regression analysis showed no significant association between the attitude of pharmacy

students toward patient safety and their age, sex and year of study (Table 3).

Discussion

Patient safety has become a significant issue for health care organizations striving to improve their service. Some patient safety investigations have indicated that organizations need

Table 2 The level of attitude of pharmacy students to patient safety

Sl. no	Items	Strongly disagree, N (%)	Disagree, N (%)	Agree, N (%)	Strongly agree, N (%)
1	Competent health care professionals do not make errors that lead to patient harm	18 (21.7)	31 (37.3)	21 (25.3)	13 (15.7)
2	Pharmacists should routinely spend part of their professional time working to improve patient care	9 (10.8)	8 (9.6)	33 (39.8)	33 (39.8)
3	Only medical practitioners can determine the causes of a medical error	29 (34.9)	29 (34.9)	13 (15.7)	12 (14.5)
4	The culture of the pharmacy workplace makes it easy for pharmacy staff to deal constructively with errors	14 (16.9)	24 (28.9)	25 (30.1)	20 (24.1)
5	Learning how to improve patient safety is an appropriate use of time in pharmacy programs at university	12 (14.5)	26 (31.3)	24 (28.9)	21 (25.3)
6	Health care professionals, including pharmacy staff, routinely share information about errors and what caused them	12 (14.5)	20 (24.1)	31 (37.3)	20 (24.1)
7	In my experience, faculty and staff communicate to me that patient safety is a high priority	14 (16.9)	16 (19.3)	31 (37.3)	22 (26.5)
8	Pharmacists should report errors to an affected patient and their family if harm to the patient has occurred	16 (19.3)	20 (24.1)	29 (34.9)	18 (21.7)
9	Pharmacists should discuss and report errors to an affected patient and their family even if the patient is NOT harmed	10 (12.0)	30 (36.1)	27 (32.5)	16 (19.3)
10	Effective responses to errors in the delivery of health care focus primarily on the health care professional involved	6 (7.2)	18 (21.7)	38 (45.8)	21 (25.3)
11	Disciplinary action against an individual who made an error is an effective method of preventing future errors	7 (8.4)	17 (20.5)	31 (37.3)	28 (33.7)
12	If there is no harm to a patient, there is no need to address an error	27 (32.5)	22 (26.5)	22 (26.5)	12 (14.5)
13	If I saw an error that DID cause harm, I would keep it to myself	42 (50.6)	26 (31.3)	7 (8.4)	8 (9.6)
14	If I saw an error that DID NOT cause harm, I would keep it to myself	27 (32.5)	25 (30.1)	25 (30.1)	6 (7.2)
15	Most errors are due to things that health care professionals cannot do anything about	21 (25.3)	37 (44.6)	14 (16.9)	11 (13.3)
16	After an error occurs, an effective strategy is to work hard to be more careful	7 (8.4)	9 (10.8)	41 (49.4)	26 (31.3)
17	The care that we provide on a day-to-day basis could be improved	4 (4.8)	16 (19.3)	34 (41.0)	29 (34.9)
18	It is acceptable for an intern pharmacist to question the actions of a registered pharmacist	7 (8.4)	14 (16.9)	39 (47.0)	23 (27.7)
19	It is acceptable for a registered pharmacist to question the decisions of a prescriber (such as a doctor or nurse practitioner)	7 (8.4)	11 (13.3)	31 (37.3)	34 (41.0)
20	Patient safety education requires university lecturers to teach patient safety concepts	8 (9.6)	18 (21.7)	30 (36.1)	27 (32.5)
21	Peer-led education, such as from pharmacist colleagues or fellow students, can help my understanding of patient safety concepts	2 (2.4)	14 (16.9)	31 (37.3)	36 (43.4)

Table 3 Association between attitudes of pharmacy students toward patient safety and their age, sex and year of study

Variables	Category	Overall attitude		COR (95% CI)	AOR (95% CI)
		Negative (%)	Positive (%)		
Sex	Male	9 (17.0)	44 (83.0)	0.752 (0.210–2.688)	0.852 (0.217–3.344)
	Female	4 (13.3)	26 (86.7)	1.00	1.00
Year of study	Fourth	8 (16.0)	42 (84.0)	1.067 (0.316–3.596)	1.330 (0.303–5.834)
	Fifth	5 (15.2)	28 (84.8)	1.00	1.00
Age (years)	21	3 (17.6)	14 (82.4)	0.872 (0.558–1.361)	0.839 (0.474–1.484)
	22	2 (7.7)	24 (92.3)		
	23	4 (17.4)	19 (82.6)		
	24	3 (27.3)	8 (72.7)		
	25	1 (50.0)	1 (50.0)		
	26	0 (0.0)	2 (100)		
	27	0 (0.0)	1 (100)		

Abbreviations: AOR, adjusted odds ratio; COR, crude odds ratio; CI, confidence interval.

to change their culture to make it “easy to do the right thing, and hard to do the wrong thing” for patient care.²² Majority of studies conducted throughout the world regarding perceptions related to patient safety assessed the attitude of medical students and to our knowledge, there is no study done on perception of pharmacy students about patient safety. So, this study will highlight on the attitude of pharmacy students toward patient safety.

Majority of the students (59%) did not agree with the view that competent health care professionals do not make errors that lead to patient harm. In contrast to this finding, studies conducted in Iran, Pakistan and China reported lower level of disagreement over this issue (19.4%, 33.6% and 46%, respectively).^{23,24,14} However, in the current study the presence of more than one-third (41%) students who believe competent health care professionals do not make errors, indicate a fundamental misconception about the nature and pattern of human error.²⁵

Around one-third of study participants (30.1%) believe that most errors are due to things that health care professionals cannot do anything about. This is in close agreement with the result of the study conducted on students of Urmia University (Iran), which reported 32.3% of students think that most errors are due to things that physicians cannot do anything about.²³ In contrast to our finding, very low level of agreement over this item is reported in the study done by Leung GK and Patil NG, which showed only 3% of medical students perceive that most errors are due to things that health care professionals cannot do anything about.¹⁴

Reporting medical errors is an important step in improving the quality of health care, including patient safety.²⁶ It was encouraging to see that majority of our students supported reporting of medical errors, indicated by more than

half (56.6%) of the students agreeing or strongly agreeing that pharmacists should report errors to an affected patient and their family if harm to the patient has occurred. Most of the students reported that they would not keep an error to themselves if they saw it. Similar to this finding, 73.9% of medical students of Dow Medical College reported that if they saw a medical error, they would not keep it to themselves.²⁴ However, in the current study, some students (37.3%) expressed that they would keep it to themselves if the error did not cause harm. The significant number of students who did not see the need to address a “no harm” error reflects a lack of awareness of “near miss” events and their potential impact on service improvement.²⁷

One of the common misconceptions seen in about 30% of the students was that only medical practitioners can determine the causes of medical error. In line with our findings, other studies conducted on medical students also reported that 15% and 27.4% of students agree that only physicians can determine the causes of a medical error.^{14,23} We believe that in addition to the people involved, all professionals, managers and patients should also participate in the discussion about an error occurred in the patient care practice. This is an opportunity to share experiences between different professionals to clarify how the error happened and how it could be prevented, because it may not be the result of an isolated act of a professional.²⁸

As for prevention, most students (80.7%) believe that after an error occurs, an effective strategy is to work hard to be more careful. This was also the belief of majority of students (88%) according to the report of a study done in China.¹⁴ However, evidence shows that assuming errors can be avoided by being careful enough and working hard can be dangerous, as human infallibility is inevitable and a major

contributing factor toward adverse events.²⁹ In addition to this, a significant number of errors may occur due to reasons other than carelessness of pharmacists.

Most (79.6%) of pharmacy students believe that pharmacists should routinely spend part of their professional time working to improve patient care. Similarly, studies conducted in China and Pakistan reported that 85% and 89.4% of medical students believe that physicians should routinely spend part of their professional time working to improve patient care by giving due attention to not committing an error.^{24,14} Studies comparing students before and after the introduction of formal patient safety information in curricula have demonstrated an improvement in knowledge, skills and awareness.^{13,15} Majority of participants in this study also believe that patient safety education requires university lecturers to teach patient safety concepts. So it is recommended to include patient safety issues in the curriculum either as a separate subject or as part of a related course.

Many students had negative perception toward their practice work environment in relation to assuring patient safety. This was indicated by disagreement of 45.8% of students with the item stating “the culture of the pharmacy workplace makes it easy for Pharmacy staff to deal constructively with errors”. This is a relatively more negative perception regarding the culture of work environment compared with what was reported in the Pakistan study.²⁴

In the current study, age, sex and years of study have no significant relation with students’ attitudes to patient safety. In the same manner, Mozafari et al reported the factors such as age, gender and years of work experience did not contribute toward the overall perception among emergency medicine residents.³⁰ In contrast to our finding, a study done in Iran reported the presence of significant relationships between students’ attitudes to patient safety with years of study and sex.²³ The study done in Saudi Arabia also reported female doctors had a more positive attitude toward patient safety than male doctors.²⁶

The strength of the present study was the use of a validated survey instrument and a sample of students from the 2 groups of pharmacy students who had exposure to pharmacy practice activities. The result of the study may not be generalized to health science students in the country since it is a single-centered study conducted solely on pharmacy students of Gondar University. As attitude is highly influenced by culture, the result of the study may not be generalized to pharmacy students who are outside Ethiopia. The use of self-administered questionnaires may allow respondents to over- or under-report attitude. We are confident that responses

were self-reported in an anonymous and confidential setting but, given the nature of surveyed topic, we may not exclude possibility overinflated responses.

Conclusion

Pharmacy students in University of Gondar have good attitude with some misconceptions regarding patient safety. However, they claimed a good culture of the pharmacy workplace is lacking for patient safety. No sociodemographic characteristics were associated with the attitude of pharmacy students toward patient safety. The roles of all health care providers need to be acknowledged to lessen medical errors and patient harm. Moreover, standardized patient safety course should be considered in junior pharmacy students in the curriculum.

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Author contributions

HGT contributed to the conception, designing and conducting the study, and drafting the manuscript. TBA analyzed and interpreted the data. MBA was involved in supervision and writing the manuscript. ASB was involved in designing the study, drafting the manuscript, and its critical review. All authors contributed toward data analysis, drafting and revising the paper and agree to be accountable for all aspects of the work.

Disclosure

The authors report no conflicts of interest in this work.

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